

Vaginal Yeast Rapid Test

Cat. No.:DTS736

Pkg.Size:

General Description

Candidal vulvovaginitis or vaginal thrush is an infection of the vagina's mucous membranes by *Candida albicans*. Up to 75% of women will have this infection at some point in their lives, and approximately 5% will have recurring episodes. It is the second most common cause of vaginal inflammation after bacterial vaginosis. It is most commonly caused by a type of fungus known as *Candida albicans*. The *Candida* species of fungus is found naturally in the vagina, and is usually harmless. However, if the conditions in the vagina change, *Candida albicans* can cause the symptoms of thrush.

When to Use the Test

You should use this test if you have at least one of the following symptoms:

1. Acute itching
2. Vaginal discharge,
3. soreness, irritation
4. Rash on outer lips of the vagina
5. Genital burning that may increase during urination

Assay Procedure

1. Remove the device from the sealed pouch and place it on a flat horizontal surface.
2. Hold the device stable with one hand. Carefully remove the aluminum cover of the purple cap with the other hand. **Note! The purple cap contains liquid.**
3. Remove swab from the wrapper.
4. Insert the swab one inch (2cm) inside the vagina and rotate **for 20sec**. Pull the swab out carefully!
5. Rotate the swab in the liquid placed in the purple cap, **for 20sec**.
6. Pull out the swab carefully while squeezing it against the inner wall of the purple cap. **Discard the swab.**
7. Hold the device stable with one hand. **Turn the purple cap counterclockwise until it stops, and then turn it back to starting point.**
8. Repeat step no.7 two more times. **In the final position the notches on the purple cap and the white base must be aligned.**
9. **Read results after 10 minutes.** A blue line should appear at the control (C) mark. In case of positive results, an additional blue line should appear at the test (T) mark. **In case of negative or unclear result read again after 10 more minutes.**

Interpretation of Results

1. **Positive** - Appearance of both lines-Detection of yeast infection.

NOTE: The intensity of the color in the test line region (T) should be considered positive even if the colored line is faint.

2. **Negative** - Appearance of only the control line (C). No detection of yeast infection.

NOTE: If both lines do NOT appear or only the TEST LINE (T) appears, no results can be derived from the test. You must perform a new test, while adhering strictly to the instructions.

Precautions

1. Do not open this test kit until you are ready to use it.
2. Do not use test if pouch is damaged.
3. Make sure that you have a watch available.
4. Make sure to perform the test on a clean surface, wash your hands!

Limitations

1. The Vaginal Yeast Test is not reusable.
2. The test works only if the instructions are followed carefully.
3. Negative test results do not eliminate other infections. Consult your physician!
4. The test should not be used during the menstrual period.
5. Do not use this test within 7 days after taking medications for vaginal infections.
6. Do not use this test within 24 hours after using cream, gel, foam, douching solutions or any other vaginal product.

Note:

1. Do not use after the expiry date stamped on the foil pouch.
2. Store in a dry place at room temperature between 20-300°C/ 360-860F.
3. Keep out of reach of children.
4. For in-vitro diagnostic use only. Not to be taken internally.
5. Dispose of the device and the swab in the regular trash after use.

REFERENCES

1. James, William D.; Berger, Timothy G.; et al. (2006). *Andrews' Diseases of the Skin: clinical Dermatology*. Saunders Elsevier. p. 309.
2. Egan ME, Lipsky MS (September 2000). "Diagnosis of vaginitis". *Am Fam Physician* 62 (5): 1095–104.
3. Ilkit, M; Guzel, AB (August 2011). "The epidemiology, pathogenesis, and diagnosis of vulvovaginal candidosis: a mycological perspective". *Critical reviews in microbiology* 37 (3): 250–61.